

Chi-CDT Covid-19 Safety Procedures

The studio will be open for in-person classes this season with appropriate social distancing and extensive health and safety precautions in place. The following is a detailed list of how Chi-CDT plans to implement regulations set by the State of Illinois and the CDC.

If you have any questions or concerns with this information please e-mail the studio directly or call our office with your concerns. The health and well-being of our instructors, students and their families is our top priority.

The following list of procedures are taken from the State of Illinois and the CDC website. This is the link to the document pertaining specifically to dance studios and other youth activities.

Mask Wearing Guidelines:

- All instructors, dancers and family member that enter our space must be wearing a mask.
- A mask must be worn in all common space areas at all times.
- The dance instructors will not be required to wear a mask while teaching all dance classes.
- The students may take off their mask while engaging in physical activity (dance) but they are welcomed and encouraged to be worn the entire time.

Dance Studio Capacity:

- 15 max dancers 1 instructor will be allowed in Studios
- All family members are asked to drop off and return, or wait outside in their cars.
- Waiting areas will remain closed.
- All chairs in the waiting areas have been removed. Students will not be allowed to gather in groups, we will have a staff member to handle this situation and keep students apart while waiting for class to begin.
- Please do not arrive early to eliminate any unnecessary waiting around.

Health Screening:

- Self-Check: All instructor and parents should do a self-check questionnaire before entering BAC.
- Instructors will be screened and have temperatures taken at the start of their shift.
- Any instructor found ill or with symptoms will be immediately sent home and the dance studio will be sanitized from top to bottom. This will take place before any students enter the facility.
- If an instructor is found ill or with symptoms all dance families will be notified immediately.
- Students who seem symptomatic will be dismissed immediately. A family member will be contacted for immediate pick up. The dance studio will be sanitized from top to bottom and all classmate's family members will be contacted and made aware.

SELF-CHECK QUESTIONNAIRE

People with COVID-19 have had a wide range of symptoms reported – ranging from mild symptoms to severe illness. Symptoms may appear 2-14 days after exposure to the virus. People with these symptoms may have COVID-19:

- Fever or chills
- Cough
- Shortness of breath or difficulty breathing
- Fatigue
- Muscle or body aches
- Headache
- New loss of taste or smell
- Sore throat
- Congestion or runny nose
- Nausea or vomiting
- Diarrhea

1. Do you have fever (100.4), do you feel warm, or feel chills?

2. Do you have any of the following respiratory symptoms?

- Persistent cough (wet or dry)
- Sore throat
- Runny nose

3. Have you, or someone in your household, had close, unprotected contact with a suspected or known COVID-19 patient?

IF YOU ANSWER YES TO ANY OF THESE QUESTIONS PLEASE STAY HOME.

KEEP IN MIND

THAT THIS IS AN EVER-CHANGING SITUATION AND THIS PAGE WILL BE UPDATED AS REGULATIONS CHANGE

Inside the Dance Rooms:

- The dance studio floors have been marked off with tape. Each student will have a 6-foot box to stand inside and do all of their dancing.
 - No dancers will come within 6 feet of each other while in the dance studio, unless rehearsing a dance.

Cleaning and Sanitizing:

- All high touch items will be sanitized between every dance class. This includes (but not limited to) door handles, ballet barres, and the dance floors themselves.
 - There will be hand sanitizer stations on the wall at the entrance of each dance room and also in the dance rooms.
 - All instructors and students must use hand sanitizer before entering the dance room.

Virtual Access:

- We will live stream all dance classes via RingCentral, if we are required to shut down by the Governor.
 - Virtual classes are optional with the exception for some Company Member (please see your coach).

Thank you for your continued patience and understanding through this time.

We appreciate everyone's commitment to safety.

We can't wait to see you in class.